

Make your MARK

DIA COACHING PROGRAM



Reach your most challenging goals.

Eliminate your greatest sources of conflict.

Master the art of choice.

Increasing your emotional intelligence can be transformational for many people – it can help you accomplish your greatest challenges. It provides space to increase your self-awareness, recognize your choice in situations, and reach goals that have been unattainable in the past. DIA coaches are available to help in that journey. They are trained to ask you the questions that help you discover solutions to conflict, develop your skills, and explore your attitudes and behaviors. They are ready to confidentially meet with you one-on-one during work hours to help you achieve the results you want.

Coaches are available to any DIA civilian or military officers at any place and any time in the DIA Enterprise.

Partner with your coach to:

- Address a challenge
- Create a strategy
- Transition to a new role
- Focus on self-awareness
- Balance work and life
- Make an important decision
- Articulate goals
- Set specific actions
- Leverage your strengths
- Identify steps to success
- Improve communication skills
- Create vision/mission/goals
- Increase Emotional Intelligence
- Grow your leadership skills
- Build your team
- Implement a leadership model
- Make a change based on assessment feedback
- Apply learning from class/training



The beauty of coaching is that it provides a space for individuals to have a conversation totally focused on themselves, their plans, their future, and their learning.

I coach all levels of employees but specialize in supervisors. I am certified in the Conflict Dynamics Profile and have completed DIA's coach training for both individuals and teams to improve leadership and performance.

Mr. Mike Spencer, DIA Senior Certified Coach

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COMMITTED TO EXCELLENCE IN DEFENSE OF THE NATION